

Siekiame Pergalių Kartu!



TRAINING CAMP / TEST RACE
LTU / LAT
JULY 25 – 27, 2025
KAUNAS



INFORMATION

Program

Friday, July 25, 2025

- ~17:30 Arrival
- 18:00 – 19:00 Sprint training (model)
- 21:00 – Teams meeting

Saturday, July 26, 2025

- 10:00 Sprint test race (first start)
- 16:00 Warm up start in stadium
- 17:00 3 km start men
- 17:15 3 km start women

Sunday, July 27, 2025

- 10:30 Knock out / Sprint relay training

ACCOMMODATION

Possible option – <https://www.villakaunensis.lt/>. More options – booking.com or <https://www.airbnb.com/>

MEALS

Everyone is responsible for themselves. Around the city center there are many different catering possibilities.

LOCATIONS

General map: https://www.google.com/maps/d/u/0/edit?mid=ltXVgpBQDGlimO_ewAB7oc98_QuPixPU&usp=sharing

MAP AND COURSES

Old maps - https://dbtopas.lt/takas/zmlp/losf1915_20190411163105.gif and <https://maps.trails.lt/maps/losf1822.gif>

Map maker – Gediminas Trimakas, map renewed 2025.

Scale – 1:4000, 2.5 m.

REGISTRATION

All athletes and persons who would like to run have to make registration till 21st of July 23.59.

Registration - <https://dbsportas.lt/lt/varz/2025108>

CONTACTS

Vilius Aleliūnas, vilius@orienteering.lt, +37062024554

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#Nr. 1 training (Model)

Time 2025 July 25 d. 18:00 – 19:00

Place: <https://maps.app.goo.gl/ibcDFZ7MezuvZTQGZ>

Controls – only control flags

Maps format – A4. Maps will be printed on waterproof paper.

Scale: 1:10000, h – 2,5 m.

Map maker – Gediminas Trimakas

Course planner – Gintautas Valauskas

Courses:

Men – 3.9 km, 17 controls

Women – 3.4 km, 14 controls

Important! One artificial fence will be marked on the map but not in the terrain. Please respect fair play.

#Nr. 2 training (Selection race)

Time 2025 July 26 d. 10:00 – 11:30

Place: <https://maps.app.goo.gl/tzYNezM7hBvR8sX89>

Controls – Sport Ident Si-Air system. Controls will be on plastic stick or wooden constructions.

Maps format – A4. Maps will be printed on waterproof paper.

Scale: 1:10000, h – 2,5 m.

Separate control descriptions will be available at the start.

Start procedure: -2 minutes (clear, Si-On), -1 minute (control descriptions)

Map maker – Gediminas Trimakas

Course planner – Gintautas Valauskas

Courses:

Men – 3.9 km, 17 controls

Women – 3.3 km, 14 controls

Important! Please respect the embargoed area. Warming up is allowed only on the warm-up map. Warm-up maps will be available in the finish area (printed on plain paper). Shoes with metal spikes are not allowed! Please respect pedestrians.

The distance from the finish area to the start is 350 m.

START LIST

#Nr. 3 training (stadium)

Time 2025 July 26 d. 16:00 - 18:00

Place: <https://maps.app.goo.gl/p4Nr8njCYu3RiChL7>

Time schedule:

16:00 - 16:55 warm up

17:00 - 3000 men

17:15 - 3000 women

Please take you SportIdent card with you.

Important! No showers in stadium.

#Nr. 4 training (knock out)

Time 2025 July 27 d. 10:30 – 12:30

Place: <https://maps.app.goo.gl/E5eDsZaN6qfgbeZCA>

Controls – control flags

Maps format – A5. Maps will be printed on waterproof paper.

Scale: 1:10000, h – 2,5 m.

Start procedure:

Women semifinal – 10:30

Men semifinal 1 – 10:40

Men semifinal 2 – 10:50

Women final – 11:00

Men final B – 11:10

Men final A – 11:20

You need to punch both the start and finish (SI-Air).

Map Maker: Gediminas Trimakas

Course Planner: Rolandas Bačkys

Courses:

- Semifinal: 2.2 km, 10–11 controls
- Final: 2.0 km, 9–10 controls

Forking will be used in both the semifinals and finals.

Important! Some artificial fences will be marked on the map and in the terrain. In the terrain, they will be indicated by two football cones on each side. Please respect fair play.



Football cone