



ORIENTEERING.LT
LIETUVOS ORIENTAVIMOSI SPORTO FEDERACIJA



EMTBOC25

TRAINING CAMP

Bražuolė

APRIL 22 - 28

LOCATION

VILNIUS

www.orienteing.lt

#emtboc2025

Programme:

Time	Date	Map	Course type
AM	04.22	Visoriai	Line
PM		Kalvarijos	Middle
AM	04.23	Bražuolė	Memory
PM		Dvarčionys	Middle
AM	04.24	Sakiškės	Long
PM		Karoliniškės	Line
AM	04.25	Ozas	Intervals
PM		Fabijoniškės	Middle
AM	04.26		
PM		Jomantas	Sprint
AM	04.27	Riešė	NC, middle
AM	04.28	Aukštargiris	NC, mass start



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Results and entries training camp:
<https://dbsportas.lt/lt/varz/2024011>



Map for trainings locations and etc:
<https://www.google.com/maps/d/edit?mid=10B3rt09NSoH3f9-MhkONio3TxQSgYBQ&usp=sharing>



Main information:
<https://orienteering.lt/mtbo-training-camp/>



Information LTU national championship:
<https://shorturl.at/jqBMU>



Communication:
WhatsApp group "MTBO training camp Vilnius 04.22 - 28"

04.22 Monday 1st training



Training type: line



Time keeping: no time keeping



Start time: 10:00 - 11:30 AM



Map scale: 1:10000



Courses: M/M20 - 12 km, W/W20 - 10 km



Details: WU for the training camp. Maps will be without roads, you need to follow the line



Start place:
<https://maps.app.goo.gl/EJU1pjXSgrDtH7wFA>



Maps: maps will be available on spot 10:00 - 11:00. After that time you can collect maps at S-Sportas, Ateities g. 33



Livelox (push the name)



Training type: middle distance



Time keeping: SportIdent (short range)



Start time: 16:00 - 18:00 (free start)



Map scale: 1:7500, A4 format



Courses: M - 15,1 km / 26 KP, W 12,2 km / 25 KP, M20 - 11,6 km / 25 KP, W20 - 9,8 km / 21 KP



Details: shortened middle course. Be careful, a lot of pedestrians on site



Finish: till 19:00. After finish please read out your SI cards.



Start place:
<https://maps.app.goo.gl/q2BW1qDbYrs6g9sJA>



Livelox (push the name)

04.22 Monday 2nd training



Training type: memory training



Time keeping: no time keeping



Start time: 10:00 - 12:00



Map scale: 1:15000, A4 format



Courses: 13,2 km, 10 KP



Details: At the start you will find 7 different possibilities to start (ride to 1st, 2nd and etc. controls). At every control you will see the map with next two controls. You need to collect all the controls. Controls will be 15 x 15 control flags.



Start place:
<https://maps.app.goo.gl/q2BW1qDbYrs6g9sJA>



Livelox (push the name)

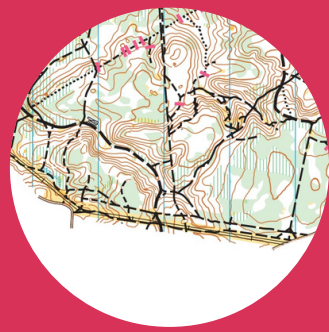
04.23 Tuesday 1st training



04.23

Tuesday

2nd training



Training type: middle distance

Time keeping: SportIdent (short range)

Start time: 16:00 - 18:00 (free start)

Map scale: 1:10000, A4 format

Courses: M - 17,3 km / 19 KP, W - 13,2 km / 19 KP
M20 - 13,4 km / 19 KP, W20 - 10,3 km / 19 KP

Details: M,W, M20 courses will be printed on both sides.

Finish: till 19:00. After finish please read out your SI cards.

Start place:

<https://maps.app.goo.gl/q2BW1qDbYrs6g9sJA>

Livelox (push the name)



Training type: long distance

Time keeping: no time keeping, control flags

Start time: 10:00 - 11:30

Map scale: 1:15000

Courses: M - 34 km / 23 KP, W - 27 km / 20 KP
M20 - 26,6 km / 20 KP, W20 - 19,1 km / 16 KP

Details: M,W, M20 courses will be printed on both sides.

Maps: you need to collect it before leaving to training

Start place:

<https://maps.app.goo.gl/W2rPfwChmky86yj86>

Livelox (push the name)

04.24

Wednesday

1st training



Training type: line

Time keeping: No time keeping

Start time: 16:00 - 18:00 (free start)

Map scale: 1:7500, A4 format

Courses: M - 12,5 km, W - 11,1 km, M20 - 10,9 km,
W20 - 9,5 km.

Details: You need to follow the line. Possible will be some controls hidden.

Maps: You need to collect maps before you are leaving to training

Start place:

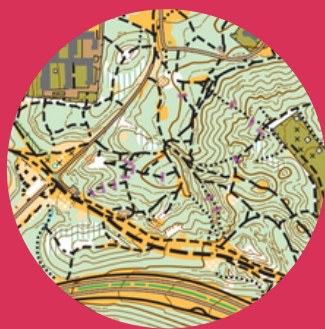
<https://maps.app.goo.gl/q2BW1qDbYrs6g9sJA>

Livelox (push the name)

04.24

Wednesday

2nd training



Training type: interval training

Time keeping: no time keeping, control flags

Start time: 10:00 - 10:30, mass start by groups

Map scale: 1:7500

Courses: more details soon

Details: 6 intervals with forking. Every group should be from 4-6 riders. Every group will get information from which interval they will start and if they will start from 3rd, they need to continue to 4th and etc. First finisher should wait all the group and together ride to another start place

Maps: Maps will be given in start place

Start place:

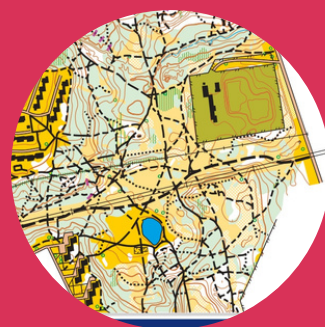
<https://maps.app.goo.gl/2w7Q62UXEYDuCZT8A>

Livelox (push the name)

04.25

Thursday

1st training



04.25

Thursday

2nd training



Training type: middle distance
Time keeping: SportIdent (short range)
Start time: 16:00 - 19:00
Map scale: 1:10000, A4 format
Courses: One course for all

Details: Vilnius Ketvirtadieniai training. Information about courses later.

Finish: till 20:00

Start place:
<https://maps.app.goo.gl/947Kni7pyNQANASG7>

Maps: will be available from event organizers. Need to collect it by countries.

Livelox (push the name)



Training type: sprint
Time keeping: SportIdent (short range)
Start time: 16:30 - 18:00 (free start)
Map scale: 1:5000, A4
Courses: information will be later

Details: be careful with pedestrians

Finish: till 19:00. After finish please read out your SI cards.

Start place:
<https://maps.app.goo.gl/ca15LVEaE2pnYYW49>

Livelox

04.26

Friday

1st training

