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LIETUVOS ORIENTAVIMOSI SPORTO FEDERACIJA



2024 Lithuanian Ski-Orienteering Championships in Sprint and Mass Start courses

BULLETIN NO. 3

01 February 2024

The Organizer - inviter

L Lithuanian Orienteering Federation

Organizer

Organizer club - IOSK "Būdakalnis"; Chief Competition Judge and Course Planner
- Ramunė Arlauskienė; Competition Secretary - Gvidas Rūkas
Jury: Devis Žilovas, Rolandas Bačkys

Date, place

3-4 February 2024, Ignalina, Lithuanian winter sports center (LWSC)

Program

2024-02-03 Ignalina, LŽSC, Sprint	2024-02-04 Ignalina, LŽSC, Mass start
12:00 Arrival, registration at the event center	10:00 Arrival, registration at the event center
13:00 Start of the first participants	Start:
15:00 Opening ceremony and awards ceremony	11:00 M12/V/V12/V20/V23
18:00 Ski waxing seminars in the LŽSC	11:05 M/M20/M23/V35
13:00 -15:00 Ski exhibition-testing	11:10 V17/V45
	11:15 M17/M35/M45/V55
	11:20 M14/M55/M65/V14/V65
	13:00 Awards ceremony (expected)



Event centers

2024-02-03 Ignalina. Event center - Lithuanian Winter Sports Centre (LŽSC), Sporto g. 6a, Ignalina (<https://goo.gl/maps/kPSNDJPeBmQTNX86>)

2024-02-04 Ignalina. Event centre - Lithuanian Winter Sports Centre (LŽSC), Sporto g. 6a, Ignalina (<https://goo.gl/maps/kPSNDJPeBmQTNX86>)



To Sprint start – 700 m, elevation – 30m.

Competition Maps

2024-02-03, Lithuanian Winter Sports Centre (LŽSC), sprint course. Map updated in 2024, Scale 1:5 000, H - 5 m. Maps size – A4

2024-02-04, Lithuanian Winter Sports Centre (LŽSC), mass start course. Map updated in 2024, Scale 1:7500, H - 5 m. Maps size – A4

[Old Map](#)

Prohibited area 2024-01-24 – 2024-02-04 (skiing permitted only on the 7.5 km ski track)

[OSS 2024 prohibited are - Google My Maps](#)

Rules

The event is run in accordance with the 2024 Lithuanian ski orienteering championships regulations and the 2024 ski orienteering junior championships regulations. Competitors must be familiar with the regulations and comply strictly with them.



Course

Grup	Sprint	Mass start	Grup	Sprint	Mass start
V/V20/V23	3.3 km 18 KP	10.9 km 38 KP, 2 maps	M/M20/23	3.0 km 17 KP	9.9 km 37 KP, 2 maps
V12	1.7 km 10 KP	3.5 km 15 KP, 1 map	M12	1.7 km 10 KP	3.5 km 15 KP, 1 map
V14	2.5 km 14 KP	5.5 km 25 KP, 2 maps	M14	2.0 km 11 KP	3.6 km 17 KP, 2 maps
V17	2.8 km 17 KP	8.6 km 31 KP, 2 maps	M17	2.6 km 14 KP	5.6 km 25 KP, 2 maps
V35	3.0 km 10 KP	9.9 km 37 KP, 2 maps	M35	2.6 km 14 KP	5.6 km 25 KP, 2 maps
V45	2.8 km 17 KP	8.6 km 31 KP, 2 maps	M45	2.6 km 14 KP	5.6 km 25 KP, 2 maps
V55	2.6 km 14 KP	5.6 km 25 KP, 2 maps	M55	2.5 km 14 KP	5.5 km 25 KP, 2 maps
V65	2.5 km 14 KP	5.5 km 25 KP, 2 maps	M65	2.0 km 11 KP	3.6 km 17 KP 2 maps

Control time in sprint 1h00 min, general start - 2h 30 min.

Mass start (LŽSC ski stadium)

Pre-start:

10:50 M12/V/V12/V20/V23

11:00 M/M20/M23/V35

11:05 V17/V45

11:10 M17/M35/M45/V55

11:15 M14/M55/M65/V14/V65

Please don't be late.

You will receive the maps 1 minute before, they can be opened 15 seconds before the start.

During the Mass start, you will receive two maps. On the second map the beginning of the start is marked with a triangle, the numbering is continuous. You will receive the maps upside down with the participant number written on them.

For the first 25 meters to the mark, you must ski in a double poling style.

GPS can be picked up from 10:30 to the pre-start.



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Age

groups and

participants

The competitions are held in the following age groups:

Pupils: M/V 12,14,17

Adults: M/V, M/V 20, 23, 35, 45, 55, 65

Only the citizens of the Republic of Lithuania with a LOSF license only can compete competitively in the Lithuanian ski orienteering championship.

Punching system

The event will use the Sport Ident contactless long-distance punching system. Participants must compete with an SI-AIR card. Those who do not have SI-AIR cards will be able to rent one from the event organizers (request must be specified during the registration process). The rental fee is 1,5 € for 1 day of the event.

Registration

Applications can be submitted via DB Sport: <https://dbsportas.lt/lt/varz>

Registration is open until 29 January 2024. After this date, registration is only available at 1.5 times increased fee.

Bibs

Bibs are to be worn on the right leg. Pins will not be issued. Please bring your own. Those who have forgotten will be able to buy them from the organizers for 1 Eur/set (4 pins). The organizers will have 16 sets on sale only.

Registration fee

Sprint:

Groups M/V 12, 14, 17, 20, 65 - 8 Eur/day

Groups M/V, M/V 23, 35, 45, 55 - 12 Eur/day

Mass start:

Groups M/V 12, 14, 17 - 8 Eur/day





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Groups

Eur/day

Groups M/V, M/V 23, 35, 45, 55 - 17 Eur/day

M/V 20, 65 - 12

Entry fees are not refundable for registered participants who have not started.

Payment

The entry fee is payable by bank transfer to the organizers' account listed below. For those who pay by bank transfer, it will be possible to pay after the event according to the invoice.

Information for payment by bank transfer:

Recipient: Ignalina Orienteering Club "Būdakalnis"

Recipient's account No: LT27 7300 0100 0249 7029

Recipient code: 155634923

Beneficiary's bank: Swedbank AB, 73000

GPS list

Women (sprint)

- | | |
|--------------------------------|-----------------------|
| 1.Masevičiūtė Kristina | 6.Sandra Paužaitė |
| 2.Gabrielė Andrašiūnienė | 7.Saulė Traubaitė |
| 3. Gabija Ražaitytė Saunorienė | 8. Aistė Traubienė |
| 4. Margarita Dienytė | 9.Jūlija Matvijenko |
| 5.Emilija Tamoševičiūtė | 10.Algirda Mickuvienė |
| | 11.Milda Žigilėjienė |

Men (sprint)

- | | |
|---------------------|----------------------|
| 1.Svajūnas Ambrasas | 2.Andrejus Gerasimov |
|---------------------|----------------------|



3.Nerijus
Šulčys

4.Nauris Neimanis

5.Algirdas Dienys

6.Vilius Alelūnas

7.Simonas Krėpšta

8.Regimantas Kavaliauskas

9.Petras Andrašiūnas

10.Danielius Pralgauskis

11.Kasparas Šulčys

12.Vitalijus Petrulis

13.Adomas Traubas

14.Lukas Petrovas

15.Jonas Maišelis

16.Eduard Novičenko

Moterys (Mass start)

1.Masevičiūtė Kristina

2.Gabrielė Andrašiūnienė

3. Gabija Ražaitytė Saunorienė

4. Margarita Dienytė

5.Emilija Tamoševičiūtė

6.Sandra Paužaitė

7.Saulė Traubaitė

8. Aistė Traubienė

9.Miglė Sušinskaitė

10.Anastasija Smolakova

11.Jūlija Matvijenko

12.Jolanta Šulčienė

Vyrai (Mass start)

1.Svajūnas Ambrazas

2.Andrejus Gerasimov

3.Nerijus Šulčys

4.Nauris Neimanis

5.Algirdas Dienys

6.Daumantas Kiela



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7.Simonas Krėpšta

8.Petras Andrašiūnas

9.Sterns Bruno

10.Danielius Pralgauskis

11.Kasparas Šulčys

12.Vitalijus Petrulis





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13. Adomas Traubas

14. Lukas Petrovas

15. Eduard Novičenko

Accommodation

Booking.com and <https://www.ignalina.info/>

Information

Phone: +37069914973 (Ramunė Arlauskienė)

ramune.arlauskiene@gmail.com

Ski preparation seminar on Saturday at 18.00 at the LŽSC

- How to prepare skis inexpensively, but efficiently and quickly
- Presentation and preparation methods of fluorine-free products.
 - Questions and answers about professional ski preparation
 - The possibility to purchase the demonstrated products
 - The seminar will be conducted by Marijus Rindzevičius.

REGISTRATION: <https://forms.gle/iY92asBoLZcGGYwq8>

Ski exhibition-testing

- On Saturday (and if possible on Sunday) during and immediately after the competition, it will be possible to try different types and models of skis for children and adults
 - Ask on tel. 865905057



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KASP



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